Woodburn Public School

Week 2 Term 4

For Your Diary

Week 2 14 – 18 Oct
Mon 4-5-6 Swimming
    $2.00
Wed K-1 Swimming $2.00
Thurs Australian Ballet Workshops
Fri 2-3T Swimming $2.00

Week 3 21 – 25 Oct
Mon 4-5-6 Swimming
    $2.00
Wed K-1 Swimming $2.00
Fri 2-3T Swimming $2.00

P & C Meeting
Monday 21 October 6:30pm

Shane’s Simplicities......

Enrolments 2014

Student numbers for 2014 will again guide the formation of classes as we enter the new school year. At present we are still waiting for enrolment forms from prospective Kindergarten students and other families new to the community. If you know of anyone interested in enrolling in our school please encourage them to make contact so we can continue to plan for the new school year.

Active After Schools Program

Advice on placements for this term’s Active After School Community Program will be provided later this week. Any further expressions of interest will still be accepted to finalise places and establish necessary waiting lists.

School Visit

Tomorrow afternoon our school will play host to some international visitors, Dr Peter Johnson and his wife Sonja, from Finland. They are visiting some local schools before Dr Johnson speaks at the NSW Primary Principal’s Association State Conference in Sydney next week. This is a little opportunity for us to show off our amazing school.

P&C Meeting

Next Monday evening will bring with it the first P&C Meeting of Term 4. Parents and community members are encouraged to attend and become more aware of what our school is doing, how it is being supported and some initial planning toward 2014. The meeting will hopefully start at 6:30pm in the schools staffroom.

Until next week....

"One of the best feelings in the world is knowing your presence and absence mean something to someone."

email: woodburn-p.school@det.nsw.edu.au Web: www.woodburn-p.schools.nsw.edu.au
Chloe – Discus Dynamo
Good luck to Chloe Trustum who has travelled to Sydney to compete in discus in the State competition tomorrow. Chloe has been practising diligently over the past weeks and has managed to improve the distance she throws by a couple of metres from her last performance in a competition.

Our best wishes are with her, and we know that we will be proud of the way she represents our school.

Swimming for Term 4
HELP URGENTLY NEEDED
Once again we will be looking for parent helpers for ALL Swimming sessions (Monday, Wednesday and Friday afternoons). This will involve parents working with a small group. If you are able to assist please send in the note at the end of the newsletter or ring the school to let us know.

Cost of admission to the pool is $2.00.

Some reminders:
- All students are expected to wear a rash shirt as part of our Sun Safe Policy.
- Footwear needs to be worn to and from the pool. A suggestion is to pack some thongs with the swimmers and towel (thongs are not to be worn to school).
- Swimming is part of our school PE/Sport curriculum and therefore it is expected that all students will swim. If there is a valid reason why a student is not swimming a note of explanation is required from home. Regular classroom consequences will apply for students who choose not to participate.

Susan Johnston
SPORTS COORDINATOR

2/3T Art Works
Our whale artworks are now up on display in the foyer. If yours is at home please bring it back in for this viewing opportunity.

Tracey Tebbutt
Class Teacher

Australian Ballet in Schools
2013 Dance Road Trip: Out There
The Australian Ballet is heading to Woodburn Public School on 17 October. More than just ballerinas in tutus, Out There is delivered by a specially trained Dance Education Ensemble of male and female dance educators. Ensemble Leader Fiona Koski alongside Paris Hodson, Alistair Stewart, Kristopher Yates and Madeleine Murray will engage students in this fun and interactive program of workshops and performance designed to foster movement skills, promote fitness, and encourage artistic expression. All students will be participating in workshops during the day.

All parents and community members are welcome to attend the “Talking Doing Dancers” performance at 2.10pm in the school hall.

Susan Johnston
Co-Ordinator

Student Banking
Remember to bring in your banking each Friday. If you would like to open an account with the Commonwealth Bank please come to the office for an application form.

Lyn Blake
COORDINATOR

SRC News
ENTERTAINMENT NIGHT
The Term 4 Entertainment Night will be held on Wednesday 30 October. The theme for the night has yet to be decided. Voting will take place this week.

Tracey Tebbutt
SRC PATRON

Kindergarten 2014 – Important Dates
Parent Information Night Monday 28 October @ 6 pm
Student Orientation Days
- Wednesday 30 Oct 9:25 - 11:25 am
- Wednesday 6 Nov 9:25 - 11:25 am
- Wednesday 13 Nov 9:25 - 11:25 am
Register your interest now!

Uniforms
NEW Hooded Jumpers now in stock - $25 ea, sizes 6 - 16 available. Sloppy joes will be discontinued - $15 till sold out!

Kim Skaines
UNIFORM COORDINATOR
**Important Canteen Stuff**

As you can see, a few of our current volunteers have offered to be rostered for multiple days, we would love to see a few new faces take these places and spread the small load. There is also an option for a 3rd person to help with the lunch prep. Please let us know if you can help :)

Mel Gillett
COORDINATOR

**Community Stuff**

**Playgroup at Woodburn Public School**

Every Thursday (during school terms) from 9:30 am to 11:30 am. Come along for a fun morning. We have a great facility with plenty of toys and games. It’s very informal - a chat and morning tea while the kids play. It’s open to Mums, Dads, Grandmas, Grandpas and Carers.

**Evans Head & Woodburn Pre Schools**

**We’re Forty and Fabulous!!!!**

Evans Head Pre-School Association is celebrating 40 years of service to the community. Are you, or were your children, past enrolments? We are having a big celebration on Sunday 27 October. 4pm-5pm open pre-school. 5pm onwards - Dinner and celebrating at Evans Head Bowlo Tickets will be available soon. Do you know of anyone we can invite to our celebration? Please call 66825235 or email us evansheadpreschool@bigpond.com.

**Hope this won’t happen to you**

by Michael Grose

I had an awful conversation with a mum of a 14-year-old teenage girl recently. The teenager was giving her mum a terrible time. She just moved from the marshmallow brain stage to the rebellious stage in one foul swoop.

Miss Teen was turning every interaction with her mum into a fight.

“Clean up your room.” “YOU CAN’T MAKE ME.”

“Time for homework.” “NOT DOING IT.”

“Come to a family get together?” “NOOOOOOH小孩子 WAAAYYY.”

From mum’s description she was dealing with a bad case of teenage rebelliousness.

Fourteen (or around this age) is a notoriously cranky time for teen girls. It’s a time when they start to make the break from having the identity defined by their family.

“I lost control…….” Many teenage girl thinks they have the lamest parents! But I sensed that this mum was experiencing something far worse when she said: “I lost control of my daughter 10 years ago.” These words were uttered through a torrent of tears. The emotion wasn’t anger. It wasn’t sadness. It was remorse. It was remorse for giving in to her daughter’s every whim.

“You don’t like beans. I’ll cook you chips instead.” It was remorse for not standing her ground when she should have.

“You don’t want to go to the school sports. I’ll write a note to excuse you!” It was remorse for making excuses and not insisting she face up.

“It’s not my daughter’s fault for being mean. Her

**Canteen Roster**

<table>
<thead>
<tr>
<th>rostered weeks</th>
<th>Monday 11 am - 2:30 pm</th>
<th>Friday 9 am - 2:30 pm</th>
<th>Friday (lunch prep) only 10 am - 12 noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wks 1 &amp; 6</td>
<td>Angie Reis</td>
<td>Sam &amp; Rachel Trustum</td>
<td>???</td>
</tr>
<tr>
<td>Wks 2 &amp; 7</td>
<td>Lisa Cottle</td>
<td>Kim Skaines &amp; Kaz Humphris</td>
<td>???</td>
</tr>
<tr>
<td>Wks 3 &amp; 8</td>
<td>Tammy Davis</td>
<td>Angela Summers &amp; Aaron Daly</td>
<td>???</td>
</tr>
<tr>
<td>Wks 4 &amp; 9</td>
<td>Stacy Gordon</td>
<td>Kaz Humphris &amp; Tammy Tuck</td>
<td>???</td>
</tr>
<tr>
<td>Wks 5 &amp; 10</td>
<td>Belinda Gomes</td>
<td>Jennifer Merton &amp; Angela Summers</td>
<td>???</td>
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**Coming Soon - Yummy Drumsm**

REMINDER - BROWN PAPER BAGS ARE 10C EACH IF NOT BROUGHT FROM HOME! Please have your money securely placed in your lunch bag! Parent Helpers for the next week are in bold. Thanks for your ongoing help - we really appreciate you! If you cannot make it on your rostered day it is up to you to find a replacement. Any ideas for canteen PLEASE come along to the next P & C Meeting! Canteen News:- Mini Pizzas No Longer Available.
friends pressured her to act that way.”

The ordinary battles you have with children about 'doing the right thing', about doing 'what's hard, not what's always easy' and 'learning from mistakes and figuring out what they'd do differently next time' are important.

Flex parenting muscle on minor matters. These minor skirmishes are good practice for you as parent when you need to stand your ground a little later. It's good to feel her bad feelings toward you when she is young. She may say she hates you but it's your parenting, not the parent she hates. It's better than being held in contempt when she is older.

It's good to flex some parenting muscle on the minor matters, as it will help you stand firm when you need to later on.

It's good for a girl to experience a mum and dad with some spine, as she'll take this into account when she wears her cranky pants later on.

There's always a tension between giving kids what they want, and getting them to take note of your own particular brand of wisdom.

I'd encourage you to err on the side of the latter (that is, firmness) rather than continually give way to kids (often for expediency) when they are young. That way, when you do have the inevitable battles with your teen girls (and boys) you won't feel remorse for any earlier overindulgence. You may feel anger and even sadness that your lovely daughter (or son) has temporarily disappeared.

BUT that's much better than feeling remorse because there's no going back.

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**Active After Schools – Expression of Interest**

**Student's Name:**
**Current Year Level:**
- **Tuesday Group:** Yr 3/Yr 4  Yr 5  Yr 6
- **Thursday Group:** Kinder/Yr 1  Yr 2  Yr 3

**I understand the program runs for 7 weeks starting in Week 4. The program is free of charge to participants and students who are non-compliant and uncooperative will have their places declared vacant and offered to others on a waiting list.**

Signed ___________________   Date ______

Parent Carer

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**Swimming Helper**

I would LOVE to help with swimming on Monday/Wednesday/Friday!

Name  ______________________________

Contact No.  __________________________

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**Who? Me?**

Like using a computer?

Think you could work in an office?

Perhaps you need to come along to this Workplace Basics course?

The neighbourhood centre is running a free course in how to improve your use of a computer and business technology. The course also will develop your word processing skills. At the end you will receive a certificate to help you find work in an office or other small business.

Interested?

This course is for women aged 17 to 24 or older who would like to gain the skills needed to work with computers in a business. You need to be a job seeker to qualify.

Classes will run between 9.30am and 12.30pm every Tuesday and Wednesday at the Chill Café. Starts 22 October. Call Cath on 6682 4334 or pop in to the centre.

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**BUY 20 OR MORE TICKETS & SAVE!**

We have your end of season celebrations in the bag, why not make a group booking to enjoy Wet'n'Wild Water World and get free entry from 2.30pm to Warner Bros. Movie World. For a great night out join us for a delicious three course dinner, magnificent animals, & stunning special effects at Australian Outback Spectacular. Purchase VIP passes for your family, friends and colleagues to enjoy unlimited theme park fun until 30 June 2014.

It's the year you won't want to miss with a gorgeous baby Polar bear coming out to play later this month. And the awesome new Storm Coaster blasting into Sea World late 2013.

Call now on 9519 6210 or email groupbookings@vrtp.com.au

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**Swimming Helper**

I would LOVE to help with swimming on Monday/Wednesday/Friday!

Name  ______________________________

Contact No.  __________________________