Shane’s Simplicities......

**Kindy Orientation**

A huge welcome is extended to the new students and families who are joining us this week as part of the Kindergarten Orientation program. On Tuesday evening parents were provided with information that may prove beneficial upon enrolment, whilst the new 2015 kindergarten students will be joining us today, and for the next two Wednesday’s, to learn and experience a little more about BIG school.

On behalf of our entire school community I welcome these new faces and hope that their experiences here with us prove to be both very educational and enjoyable.

**Best of Luck Chloe Trustum**

This week Chloe Trustum is in Sydney competing at the NSW Primary Schools Sports Associations State Athletics Championships. Chloe has been selected as a member of the North Coast Region team of athletes and will again be throwing her discus to the best of her abilities. This is the second year in succession that Chloe has gained selection to the State Carnival. Congratulations and best wishes to her. Here’s hoping for a personal best!

**P&C Meeting Postponement**

The first meeting of the P&C Association for Term 4 was scheduled to be held next Monday evening. Unfortunately I will not be able to attend so I have requested that the meeting be delayed one week until I am able to participate. There are a few topics of discussion that I would like to...

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**For Your Diary**

**Week 2  13 - 17 Oct**

- Fri  3/4/5/5 Swimming

**Week 3  20 - 24 Oct**

- Wed  Kindy Orientation 9:25-11:25
  - K/1/2 Swimming
- Fri  3/4/5/5 Swimming

**Week 4  27 - 31 Oct**

- Wed  Kindy Orientation 9:25-11:25
  - K/1/2 Swimming
- Thurs  Entertainment Night
- Fri  3/4/5/5 Swimming

**Next P & C Meeting**

Monday  27 Oct @ 6:30pm

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“Worrying doesn’t take away tomorrows troubles, it takes away today’s peace.”

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email: woodburn-p.school@det.nsw.edu.au  Web: www.woodburn-p.schools.nsw.edu.au
be able to share in and some information
that I need to communicate with the parent
representative body. The next meeting of the
P&C will now be held on Monday 27 October.

Active After School
Communities – GOLF
This term we are able to offer golf as our
Monday afternoon AASC sports program.
Golf will commence next Monday afternoon
between 3:30 and 4:30pm. The program will
run for 7 weeks and it is hoped that we can
hold an event in conjunction
with the Woodburn-Evans Head
Golf Club toward the end of
term. Numbers will be limited
to 16 participants and places
will be filled upon notification
to the school. The program
remains free of charge for
participating students. Please
return the enclosed expression of interest so
we can allocate places before next week.

Woodburn Riverside Festival
Congratulations and many thanks to all who
represented our school at the Woodburn
Riverside Festival last
Saturday. Our choir, despite
the challenges of waiting
around in the heat for so long,
did their best to entertain
the assembled crowd. Well
done to the students and
staff. Your efforts are truly
valued.

Enrolments for 2015
Thanks to all the new families who have
completed and returned enrolment forms for
the 2015 school year. This is very beneficial
to our whole school planning. If anyone knows
of additional families/students who may
be considering enrolment please encourage
them to contact the school at their earliest
convenience.

Annual Presentation Assembly
Changes
Please find attached to today’s newsletter
a letter to parents outlining changes to our

2014 end of year activities. I do hope this
early advice helps families to plan their
participation in these events.

Until next week

PLEASE NOTE: SWIMMING IS
NOW $2.10 ADMISSION FEE

SRC News
The School Captains along with some
helpers will be selling icy tubes during
RECESS times on Tuesdays, Wednesdays
and Thursdays this term. The cost is now
50c. Students are only allowed to buy one
icy tube per day.

Tracey Tebbutt
SRC PATRON

Senior Class Swimming
To undertake swimming, lifesaving and
water sport activities this year the 3/4/5
and 5/6 classes will require parent helpers.
If you are available on Fridays from 2.10
to 3.25 to assist at the pool we would
be very grateful. If we do not meet the
student to adult ratio, we will be unable to
run a swimming program this term.

Tracey Tebbutt & Zoe Warren
CLASS TEACHERS

Student Banking
School Banking is on each Friday morning.
If you haven’t opened an account and
would like to, please drop into the office.

Lyn Blake
COORDINATOR

Community Stuff
Playgroup at Woodburn PS
Every Thursday (during school terms) from 9:30
am to 11:30 am. Come along for a fun morning. We
have a great facility with plenty of toys and games.
It’s very informal - a chat and morning tea while
the kids play. It’s open to Mums, Dads, Grandmas,
Grandpas and Carers.
Music Stars
Professional Guitar & Keyboard Tuition
Music Stars provides:
- Group guitar and keyboard tuition
- Caters for all grades & music levels
- Weekly 30 minute sessions
- Convenient! Lessons at school!
- Very Affordable! $110 per term - 70% less then out-of-school lessons
Guitars and keyboards supplied for every student to use during lessons! Registrations Close Soon! Please register online via www.musicstars.com.au Payment is not required when registering. Limited spots are available so be quick so you don't miss out! Phone: 1300 889 179. Email: info@musicstars.com.au. Web: www.musicstars.com.au

Centenary Celebration 1914-2014
St Joseph's School, Woodburn 25 & 26 October 2014,
Come along for a Great weekend, and see old friends
WEEKEND ACTIVITIES
Saturday - Open day Displays, School Tours, Entertainment
1.30pm School Performance-Our story 100 years.
Morning Tea and Catered Lunch available.
Saturday Night - Dinner Dance  Evans Head RSL Club, $40 Limited tickets. Tickets available now at school office.
Sunday - Official Ceremony 9am Mass All Saints Church, Woodburn, Morning Tea available Official Centenary Ceremony
For more information contact: St Joseph's School on 66822468 or Yvonne on 66825695.

Community Access Bus
The Mid Richmond Neighbourhood Centre offers return bus trips to Ballina on Tuesdays.
Pick up in Evans Head starts at 10am and drop off back in Evans Head is around 3pm. Cost is $10 Per Person for the return trip. To Book a seat or for more information, please phone Eileen at the Neighbourhood Centre on 66824334.

If you require more information please email eileen.stewart@mrnc.com.au or feel free to call on 66824334. I am available Mondays, Tuesdays and Thursdays.

YR 3/4/5/6 Swimming Help
I would love to help with swimming on friday afternoon from 2:15 to 3:15 pm.

Name _____________________________
Contact Number _____________________________

AAS - Golf
I would love to participate in Active After School Golf on a Monday afternoon.

Name _____________________________
Name _____________________________
Name _____________________________
Parent Signature _____________________________
Phone _____________________________
Canteen Roster

<table>
<thead>
<tr>
<th>Rostered Weeks</th>
<th>Monday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wks 1 &amp; 6</td>
<td>HELP</td>
<td>Sam &amp; Rachel Trustum</td>
</tr>
<tr>
<td>Wks 2 &amp; 7</td>
<td>Lisa Cottle HELP</td>
<td>HELP</td>
</tr>
<tr>
<td>Wks 3 &amp; 8</td>
<td>Tammi Davis HELP</td>
<td>Natalie Piggott HELP</td>
</tr>
<tr>
<td>Wks 4 &amp; 9</td>
<td>Amanda Pearce HELP</td>
<td>Samantha Trustum</td>
</tr>
<tr>
<td>Wks 5 &amp; 10</td>
<td>Samantha Trustum &amp; Jennifer Merton</td>
<td>Jennifer Merton</td>
</tr>
<tr>
<td>Wk 11</td>
<td>HELP</td>
<td>Sam &amp; Rachel Trustum</td>
</tr>
</tbody>
</table>

STOP PRESS: FULL MENU NOW AVAILABLE ON MONDAYS!

Sorry no more Yummy Drummies

New: Fruit Stack Iceblock 50c

Hot Food only available at lunch. New prices are now in effect. REMINDER - BROWN PAPER BAGS ARE 10C EACH IF NOT BROUGHT FROM HOME! Please have your money securely placed in your lunch bag! Parent Helpers for the next week are in bold. Thanks for your ongoing help - we really appreciate you! If you cannot make it on your rostered day it is up to you to find a replacement. Any ideas for canteen PLEASE come along to our next P & C Meeting!
The simplest way
...to add fruit and veg to brekky

Try our winning breakfast ideas at home:

- Serve your toast with a sliced avocado and/or tomato
- Create a breakfast pizza with a wholegrain muffin, mashed pumpkin, chopped vegies and melted cheese
- Blend bananas and frozen raspberries with a handful of baby spinach, add a cup of reduced fat milk, honey and unprocessed bran for a fruit smoothie
- Simply slice some banana or strawberries onto your regular breakfast cereal

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The simplest way
...to create a vegie garden at home

This spring all you need to start growing your own vegetable garden is a foam box!

Step One: Cut six drainage holes in the bottom of the foam box.

Step Two: Elevate foam box by placing it on some old bricks and fill with potting mix.

Step Three: Plant seedlings or seeds making sure not to over plant (aim to plant around 4-6 seedlings per box).

Step Four: Water and care for your seedlings daily.

Try planting tomato, pumpkin and zucchini seedlings this spring...and watch your kids enjoy eating the results!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The simplest way
...to food shop on a budget

Here are our 5 top tips for saving money at the checkout:

1. Create a weekly menu plan
2. Write a shopping list according to the menu plan + stick to it!
3. Compare unit pricing - often you will be able to save a lot of money this way
4. Buy fruit and vegetables that are in season- this can save you up to 35% than other times of the year- or buy canned/frozen where fresh is not available
5. Limit your purchases of processed snacks/meals - these are often unhealthy and expensive

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The simplest way
...to make sandwiches fun

Casey the Caterpillar

Ingridents
- 2 slices wholegrain bread cut into four circles, using a cookie cutter
- 2 slices reduced-fat cheese cut into four circles, using a cookie cutter
- 1 cucumber, sliced
- 1 cherry tomato
- 1 wooden skewer
- 2 raisins/raisins
- Chives/toothpicks – for antennas

Method
1. Layer bread, cheese and cucumber
2. Slide onto skewer to create body, with a tomato head
3. Cut slit in tomato to add raisin eyes, cucumber mouth and antennas

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit
Dear Parents

I write to provide you with early advice about changes being made to our annual end of year presentation assembly. In previous years this event has been held during the evening, but has sadly had a growing number of students and families not participating. Our end of year celebration and presentation of awards and certificates is recognition of the efforts and achievements of students throughout the school year and where possible we would like to recognise and celebrate these achievements with the students.

It is for this reason that in 2014 we will join with other schools in holding our end of year presentation assembly during school hours. The date has been identified as **Tuesday 16 December, commencing at 1:30pm**. We provide this information to you so that if you wish to participate then you have two months’ notice to try and make any necessary arrangements to enable your participation.

This date has also been selected as the day on which we will hold our Year 6 Farewell Dinner and potentially the End of Year (Farewell to Year 6) Disco.

The changes being made are allowing the consolidation of all of our major events into a streamlined approach that does not require students and families to be out at night on multiple occasions. It is also expected that all students will be in attendance at our presentation assembly as this is a designated school day and families are not being asked to return with students to school after school hours. Participation in the Year 6 Farewell and End of Year Disco will remain at the discretion of each family, but we do hope to see an increased level of participation given that families are not being asked to attend the school so frequently of an evening.

It is appreciated that the final week’s leading into Christmas are a busy time of year for all. We hope this early advice helps you to make the necessary arrangements to join us in celebrating another successful year at Woodburn Public School.

Regards

Shane Fletcher
Principal

15 October 2014