School Photos

School photos are being taken this Friday, with class photos commencing at 9:25am for our senior class. Students are encouraged to be on time Friday so as to not miss being in their class photos. It is also an appropriate day to be in a smart and presentable school uniform so that in future years you can look back on these photos with pride. Photo orders and payments should be returned to school by Thursday 12 March. Please ensure correct money or payment is provided. We are not in a position to be changing money on behalf of families. Envelopes are not opened at the school level and change is not supplied by The School Photographer.

Appropriate School Lunches

A student’s diet at school is an important element to support them through their school day. Students need to have an appropriate amount of food to sustain their energy levels and support their concentration in class for the whole day at school. The amount of food required can vary greatly between one student and the next, depending on the student’s size, energy levels, rates of metabolism and how much physical activity they engage in on any given day.

Water is also an important element to keep students hydrated and able to focus within class and to successfully engage in school based activities. Students who have a clear drink bottle are able to have water with them in class to keep them hydrated throughout the day. (Clear bottles helps us to ensure it is water in the drink bottle)
Parents are reminded that an appropriately healthy lunch box is the best lunch box for students to bring to school. Please refrain from packing too many treats that are high in sugar and may lead to students not being settled or even leading to them becoming disruptive in the classroom. (Sadly, there has been a growing trend of chocolate bars coming to school which is not all that beneficial to students.) It would also be appreciated by staff if food sent to school is in packages or containers that students can open themselves. It can be a long lunch or recess duty opening 30 packets of food which students may have already tried opening with their teeth. In such instances, staff will not be opening foods for students.

Collectively, if students are well nourished and given the best opportunities to be nutritionally satisfied at school then we have a greater chance of maintaining positive and successful classroom environments that benefit all.

**Book Packs & Voluntary Contributions**

Thank you to all families who have paid their book pack fees and or voluntary contributions for this year. We have had a wonderful response and appreciate the support of our families.

A big congratulations to Hayley Ryan of Kindergarten who won the raffle prize last week. The Ryan family are now able to enjoy a trip to Wet N Wild and an accommodation voucher at Ashmore Palms Holiday Village. We hope this proves to be a wonderful experience. We have 2 adult & 3 childrens’ tickets to Seaworld to give away next Friday for those who have paid their bookpacks/fees.

Each year students/families are asked to make two payments to the school to support your child’s education. These payments include a book pack fee and a voluntary contribution. The book pack fee is a compulsory payment required for students to be provided a range of resources that have been sourced on behalf of families by the school. This is done as we are in a position to ensure all students access the correct resources at prices provided to the school system by suppliers. This process is considered far more cost effective for families than having people track from shop to shop, or town to town, to find these requirements. The second contribution is the Voluntary Contribution as approved by the P&C Association. These fees remain low and have not been increased in recent years. The money raised through this contribution helps support other costs that are not directly incorporated in the resources provided to students as part of their book packs.

For those families still to finalise payments I remind you that the book pack fee is $40 per student and the voluntary contribution is $20 per child ($40 per family).

**P&C AGM**

The next meeting of the P&C Association will be held next Monday evening (March 16, 2015) commencing at 6:30pm in the school staffroom. This meeting is the Annual General Meeting of the Association and there will be positions on the Executive available to be filled. Parents and community members who are interested in taking an active role within the school are encouraged to join in and contribute to the parental contributions made to our school.

Until next week...

**Awesome Swimming**

Well done Chloe Dunne!!!!
Off to Sydney for the State Swimming Championships!
You are a Star!

**Harmony Day**

On Friday 20 March our school will be celebrating the 15th year of Harmony Day
by having a ‘Wear a Traditional Costume or Orange Day.’ Students will have the option of coming to school in a traditional cultural costume, dress in orange (the official colour of Harmony Day), or in their school uniform. Harmony Day celebrates Australia’s cultural diversity and promotes inclusiveness, respect and a sense of belonging for everyone so come and support cultural diversity!

Vicki Duncan
COORDINATOR

**SRC Fundraising**

The SRC will be supporting Chloe Dunne in her efforts to attend the PSSA State Swimming Championships later this month. The SRC will be holding 2 fundraising opportunities.

1. **Ice Blocks**  
   This Friday, 13 March, Ice blocks will be available at recess to purchase. They will be 50c each.

2. **Ice Creams**  
   On Thursday 19 March, the SRC will be holding an Ice Cream stall at Lunch. Ice cream cones will cost $1 each and optional sprinkles will be available.

Please bring along your money on these days and help support Chloe!

**Need Inspiration?**

Struggle with packing lunchboxes daily? Our local Northern NSW Local Health District is putting together a series of lunchbox suggestions to take the worry out of what to pack each day. The fortnightly email called ‘Let’s Look at Lunches’ will provide healthy lunchbox tips, recipes and ideas. A well-balanced nutritious lunch is important to keep active kids on track all day. If you would like to subscribe simply send us your first name, email address and postcode by: email to lookatlunches@gmail.com, or text to 0429 033 517. We look forward to lightening your load and sharing ideas!

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**P&C Easter Hamper & Raffle**

Could we please ask families to donate a little something for our 2015 Easter Hamper. Every item you send in, gives you a ticket in the draw. Raffle Books will be sent home next week. Tickets are to be sold at 50c each or 3 for $1. Extra books will be available at the office if required. Please return all books- sold or unsold- by Wednesday 1 April. Raffle will be drawn at the Easter Hat Parade on Thursday 2 April.

Thank you for your support.

**Meal Deal**

This Friday we will be having a Meal Deal! For just $5 you’ll get a delicious Chicken Burger + Poppa + Iceblock! Orders MUST be handed to the office tomorrow (sorry, NO late orders on Friday).

**Student Banking**

School Banking is on each Friday morning. If you haven’t opened an account and would like to, please drop into the office.

Lyn Blake
COORDINATOR

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**Parent Support Group**

**Recently Separated? or Divorced?**

Join one of our Support Groups  
2 Sessions designed specifically for men or women

**2 Sessions**

**Council meeting rooms**

Cnr Woodburn St & School lane Evans Head

For Mums only
23rd March 2015 9:30 - 12 noon

For Dads only
30th March 2015 9:30 - 12 noon

Providing:
- Support communication strategies to talk amicably with your ex-partner
- Information on the impact separation or divorce has on children
- A space to have a chat about the challenges with custody or concerns for your children during your separation

For more information contact Tressa: (02) 6682 4334 or Deb: (02) 6682 4899
Community Stuff
Evans Head Little Athletics

ANNUAL GENERAL MEETING 30 March 2015 Evans Head Surf Club 5.30pm
** Parents of past and current members and Community people interested in helping out with the 2015/16 Athletics Season, please come along.

Our Kids Rock!

<table>
<thead>
<tr>
<th>RIPA’s 25 Feb &amp; 6 March</th>
<th>Dana Spicer Mikayla Kennedy Mitch Gillett</th>
<th>Riley Stothard Tyler Alchin Judd Piggott</th>
<th>Oscar Healey Dana Spicer</th>
<th>Zoe Brown Amy Hicks</th>
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<td>KJ 25 Feb</td>
<td>Amelia Staader</td>
<td>Lachlan Swansborough</td>
<td>Ethan Pimm</td>
<td>Mitch Gillett</td>
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<td>6 March</td>
<td>Toby Hancock</td>
<td>Hayley Ryan</td>
<td>Kiara Ryan</td>
<td>Riley Stothard</td>
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<td>1/2J 25 Feb</td>
<td>Sarah Cormack</td>
<td>Mia Hull</td>
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<td>6 March</td>
<td>Narryssa Hicks</td>
<td>Zoe Brown</td>
<td>Max Ticknor</td>
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<td>Marvin Turner</td>
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<td>Taj Wylie</td>
<td>Mika Spencer</td>
<td>Jacob Trustum</td>
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<td>Aida Miller</td>
<td>Blake Trustum</td>
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<td>6 March</td>
<td>Charlie Ticknor</td>
<td>Isaac Trustum</td>
<td>Harmony Monika</td>
<td>Lachlan Hayward</td>
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<td>5/6M 25 Feb</td>
<td>Jack Torrance</td>
<td>Kate Cormack</td>
<td>Ellie Fisher</td>
<td>Alannah Skaines</td>
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<td>6 March</td>
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<td>Values Certificates</td>
<td>Benson Trustum</td>
<td>Isabelle Ries-Fraser</td>
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<td>Hayden Simpson</td>
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<td>Book Awards</td>
<td>Amelia Staader</td>
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<td>Ruth Pursey</td>
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DON’T MISS OUT HELP RAISE FUNDS FOR Evans Head Preschool

ThemeParks.com.au Ticket Sale

Village Roadshow Theme Parks is offering our school community a limited time ticket offer. Simply visit ThemeParks.com.au/promocode and enter our promocode “CPC014" to gain access to these ticket offers.

*Terms & conditions apply, offer valid until limited time.

Dont wait until its too late! Book now and secure professional portrait images of this special time in the life of your family.

Location: Evans Head Preschool
Date: Sunday, 20 March 2016
Contact: AdvancedLife
Phone: 0400 511 619
For more information visit our website at www.evansheadpreschool.com.au